

**Join Scottsdale BPW on May 16th for a luncheon meeting
at Mimi's on Shea 11:45 AM - 1:15 PM**

Please RSVP to aeauguste@aol.com by Noon, Tuesday, May 15th
Cost \$20.00 Members, \$22.00 Guests; payable cash or checks only at the meeting.

NOTE LOCATION:

Mimi's Cafe, 8980 E Shea Blvd., Scottsdale

WE INVITE YOU TO JOIN US TO HEAR

PAULA K. DIECK

PROGRAM TOPIC:

HypnoReiki - A POWERFUL TOOL FOR POSITIVE CHANGE

Speaking Points:

- * Reiki - what is it, how does it work and how does it help? (To be followed by a group Reiki experience)
- * Hypnosis – what is it, how does it work and how does it help?
- * Benefits of having Reiki and Hypnosis in the same session

BIO

Paula K. Dieck is a personal development coach. She guides and assists individuals in areas of personal growth and healing from trauma. She helps identify limiting thought cycles, patterns and beliefs ready for change. Paula graduated from the University of Wisconsin – Madison, with a B.S. degree in Education and a M.S. degree in Communicative Disorders. Paula is certified in Life Coaching, Hypnosis, PSYCH-K, and Infinite Possibilities. She is also a Reiki Master and author.

Paula's program utilizes a blend of these techniques to foster powerful and lasting change on an innate subconscious level. Sessions focus on self-esteem, prosperity, health/body, personal power, pain management, releasing phobias, unhealthy habits and dealing with trauma, with a goal of uncovering needs safely and confidently as you create your change

Mimi's is located at 8980 E Shea Blvd., Scottsdale. 11:45 - Noon Networking; Noon - 1:15 Program, Lunch and Meeting. Please RSVP to Anita Auguste - aeauguste@aol.com. Reservations should be made by Noon May 15th. Cost \$20.00 Members; \$22.00 Guests. Cash or checks only, payable at the meeting.